## LONGSTONE SCHOOL MENU

| DATE         | MONDAY                                  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
|--------------|---|--|---|---|--|
| 30/11/20     | Breaded Fish<br>Diced Potatoes<br>Beans | Chicken Breast, Gravy<br>Mashed Potatoes<br>Peas & Carrots | Ham Sandwich                                      | Beef Burger in Bap<br>Chips & Coleslaw            | Chicken Curry OR<br>Chicken in Sweet Chilli<br>Sauce, Rice & Naan Bread    |
|              | Biscuit & Fruit                         | Fruit Smoothie   | Yoghurt & Fruit                                   | Melon Wedges                                      | Muffin & Milk  |
| Lunch<br>Bar | Tuna Bap, Juice<br>& Fresh Fruit        | Egg Mayo Roll<br>Water & Yoghurt                           |   | Cheese Sandwich, Muffin &<br>Juice                | Diced Chicken with<br>Sweet Chilli OR BBQ Sauce<br>Wrap<br>Water & Biscuit |
| 07/12/20     | Chicken Nuggets,<br>Chips & Beans       | Savoury Mince<br>Creamed Potatoes<br>Peas & Sweetcorn      | Ham Sandwich                                      | Breaded Fish<br>Herb Diced Potatoes<br>& Coleslaw | Beef Stew, Carrots<br>& Crusty Bread                                       |
|              | Biscuit & Fruit                         | Muffin & Juice   | Cracker, Cheese<br>& Fruit                        | Fresh Fruit & Juice                               | Ice Cream Tub  |
| Lunch<br>Bar | Tuna Bap, Juice<br>& Fresh Fruit        | Egg Mayo Roll<br>Water & Yoghurt                           |   | Cheese Sandwich, Muffin &<br>Juice                | Diced Chicken with<br>Sweet Chilli OR BBQ Sauce<br>Wrap<br>Water & Biscuit |
| 14/12/20     | Pizza, Chips<br>& Sweetcorn             | Christmas Dinner for Key<br>Stage 3 & 4                    | Christmas Dinner for Key<br>Stage 1 & 2           | Fish Fingers<br>Diced Potatoes & Beans            | Chicken Curry OR<br>Chicken in Sweet Chilli<br>Sauce, Rice & Naan Bread    |
|              | Yoghurt & Juice                         | Ice Cream Tub and<br>Shortbread                            | Ice Cream Tub and<br>Shortbread                   | Muffin & Juice                                    | Frozen Mousse & Juice  |
| Lunch<br>Bar | Tuna Bap, Juice<br>& Fresh Fruit        | Key Stage 1 & 2<br>Ham Sandwich<br>Yogurt & Fruit          | Key Stage 3 & 4<br>Ham Sandwich<br>Yogurt & Fruit | Cheese Sandwich, Muffin & Juice                   | Diced Chicken with<br>Sweet Chilli OR BBQ Sauce<br>Wrap<br>Water & Biscuit |

Available Daily Fresh Fruit, Yoghurt or Milk and a choice of Water or Juice.