



Longstone Anti-Bullying Policy

School Council Reviewed Dec 22



Article 19: You have the right to be safe from harm

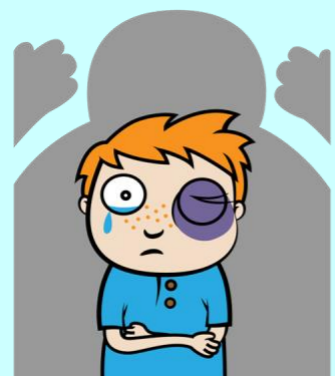
All pupils have the right to a safe education. We want to stop bullying behaviours in our school. This policy tells you what to do if you or someone you know is experiencing bullying behaviours.

Definition

Bullying is hurtful behaviour that harmfully affects the rights and needs of others. It is carried out by one or more people over a period of time.

Types of Bullying Behaviours

Physical



Emotional



Verbal



Cyber



Types of Bullying:

Physical – punching, kicking, hitting, nipping and biting.

Emotional – hurting people’s feelings, leaving people out and spreading rumours.

Verbal – name calling, being teased, talking behind peoples backs.

Cyber – sending nasty texts and photographs or messages.

If you are being bullied or know someone who is being bullied

Do’s

- Tell an adult or a friend.
- Remember this is not your fault.
- Know you are not alone.
- Use the Feeling Safe box.

Don’ts

- Join in with bullying behaviours
- Keep it to yourself.
- Copy the behaviours.

Where can I get help?

1. Who can I talk to
Poster
2. Teachers/Classroom Assistants / Student Leadership Team
3. Trusted Friends
4. Parents/ Guardians
5. Childline, NICCY, PSNI



Procedure

Adult will investigate

Incident book completed

Consequences put in place

Situation will be monitored

if it happens again parents will be involved